

Speak Life Study Guides

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Chapter 1 Study Guide

The Power of Words

Key Passage: Proverbs 18:21 (CSB)

*²¹ Death and life are in the power of the tongue,
and those who love it will eat its fruit.*

CHAPTER SUMMARY

This chapter lays the foundation for everything that follows. It opens our eyes to the weight our words carry and reminds us that language was created by God as a gift to give life. From Genesis 1 to your everyday conversations, words carry power. They can shift the atmosphere in a room or call out the identity of someone who feels unseen. The Father has designed your voice to reflect His, and this chapter challenges you to see every word as a seed, one that will produce fruit, whether good or bad.

Speaking life isn't about crafting perfect phrases. It's about aligning your heart with His so that what flows from your mouth speaks identity. Every

conversation is an invitation to partner with the Father or the enemy. This chapter calls you to choose carefully and begin speaking with the intention to build up.

REFLECTION

- What did the Father highlight to you as you read this chapter?
- Did a memory come to mind, perhaps something someone said to you that brought life or brought a lot of pain?
- Has your perspective on the power of your own words shifted after reading this chapter?

DISCUSSION QUESTIONS

Heart Questions

- Have you ever underestimated the impact of your words? What changed that for you?

- What kind of atmosphere do your words tend to create in your home or workplace?
- Can you think of a time when someone spoke life over you and it made a difference?

Scripture Reflection

- Re-read Proverbs 18:21. What kind of fruit have your words produced recently?
- After having read Genesis 1, do you now see why words were created?
- What does James 3:9-10 say about your responsibility to speak with intention?

APPLICATION

- Think about a recent conversation. Were your words planting seeds of life or seeds of destruction?

- Who in your life needs to hear life-giving words from you right now?
- What step can you take this week to be more intentional with your speech?

LIFE CHALLENGE

- Choose one environment where you will commit to speaking life this week, such as your home or workplace, (or maybe in the car on the way to church?)
- Identify one word or phrase the Lord wants you to retire, and one He wants you to begin using.
- Ask the Lord each morning this week: “Who needs encouragement today?” Then make it a point to speak it to that person.

ACTIVATION

- This week, slow down and notice the words you speak. Are they bringing life or something else? Take time to reflect

on recent conversations. What have you been saying at home, at work, or even in prayer?

- Ask the Father to reveal anything you've spoken that does not reflect His heart. Write it down. Then ask Him to help you speak words that are life-giving, words that are aligned with who He is. Before you can speak life into others, you must become aware of what you're speaking now and why.

Chapter 2 Study Guide

When Your Words Hurt

Key Passage: 2 Samuel 12:1-15 CSB

¹ So the Lord sent Nathan to David. When he arrived, he said to him: “There were two men in a certain city, one rich and the other poor. ² The rich man had very large flocks and herds, ³ but the poor man had nothing except one small ewe lamb that he had bought. He raised her, and she grew up with him and with his children. From his meager food she would eat, from his cup she would drink, and in his arms she would sleep. She was like a daughter to him. ⁴ Now a traveler came to the rich man, but the rich man could not bring himself to take one of his own sheep or cattle to prepare for the traveler who had come to him. Instead, he took the poor man’s lamb and prepared it for his guest.”

⁵ David was infuriated with the man and said to Nathan: “As the Lord lives, the man who did this deserves to die! ⁶ Because he has done this thing and shown no pity, he must pay four lambs for that lamb.”

⁷ Nathan replied to David, “You are the man! This is what the Lord God of Israel says: ‘I anointed you king over Israel, and I rescued you from the hand of Saul. ⁸ I gave your master’s house to you and your master’s wives into your arms, and I gave you the house of Israel and Judah, and if that was not enough, I would have given you even more. ⁹ Why then have you despised the Lord’s command by doing what I consider evil? You struck down Uriah the Hethite with the sword and took his wife as your own wife—you murdered him with the Ammonite’s sword. ¹⁰ Now therefore, the sword will never leave your house because you despised me and took the wife of Uriah the Hethite to be your own wife.’

¹¹ “This is what the Lord says, ‘I am going to bring disaster on you from your own family: I will take your wives and give them to another before your very eyes, and he will sleep with them in broad daylight. ¹² You acted in secret, but I will do this before all Israel and in broad daylight.’”

¹³ David responded to Nathan, “I have sinned against the Lord.” Then Nathan replied to David, “The Lord has taken away your sin; you will not die. ¹⁴ However, because you treated the Lord with such contempt in this matter, the son born to you will die.” ¹⁵ Then Nathan went home.

CHAPTER SUMMARY

This chapter reminds us that our words have power, and sometimes that power wounds. When we speak from pain or pride, our words can leave deep marks, both seen and unseen. David's story in 2 Samuel 12 shows us that even the most faithful can fail, but failure is not the end of the story. What matters is how we respond when confronted. True restoration begins with honesty.

When David owned his sin and turned back to the Lord, mercy met him. In the same way, God is not waiting to shame us. He is waiting to restore us. This chapter walks through the journey of repentance and reconciliation and confronts you with the question, 'will you choose growth?' If your words have caused harm, all is not lost. There is hope. Healing begins when we take responsibility, so stop defending, and start owning. That is how mercy meets us and shapes us into someone who can speak life again, with greater depth and compassion.

REFLECTION

- Have your words ever hurt someone you love?

- How did you respond?
- What might it look like to walk in repentance and restoration today?

DISCUSSION QUESTIONS

Heart Questions

- Have you ever tried to cover up something that hurt someone else rather than admit it? Why do you think we tend to do that?
- What part of David's story struck you the most? How did it challenge your view of repentance?
- When have you seen the power of an honest apology bring healing?

Scripture Reflection

- Read 2 Samuel 12:1-13. Why do you think God used a story to confront David instead of addressing him directly?

- Look at David's words in verse 13: "I have sinned against the Lord." What do those words reveal about his heart?
- Now read Psalm 51. What does David's prayers for a clean heart and restored joy tell you about the purpose of true repentance?

APPLICATION

- Is there someone you need to reconcile with because of something you said? What is one step you could take this week to begin that process?
- Have you allowed guilt or shame to keep you from walking in freedom? What is it that you don't believe about God's mercy?
- What has God taught you through past failure that can now help you speak life more intentionally?

LIFE CHALLENGE

- Ask the Holy Spirit to bring to mind anyone who has been wounded by your words.
- If someone comes to mind, go to them. Take ownership. Don't defend yourself. Don't minimize what happened. Simply say, "I was wrong," and ask for forgiveness.

ACTIVATION

- Write down one way God has brought growth in your life through a past failure. Then write out a short prayer of gratitude, thanking Him for His mercy and what it has produced in you. As you grow, let God use your words to bring healing to others.

Chapter 3 Study Guide

The Need to Speak Life

Key Passage: 2 Samuel 9:1-13

¹David asked, "Is there anyone remaining from the family of Saul I can show kindness to for Jonathan's sake?" ²There was a servant of Saul's family named Ziba. They summoned him to David, and the king said to him, "Are you Ziba?" "I am your servant," he replied. ³So the king asked, "Is there anyone left of Saul's family that I can show the kindness of God to?" Ziba said to the king, "There is still Jonathan's son who was injured in both feet." ⁴The king asked him, "Where is he?" Ziba answered the king, "You'll find him in Lo-debar at the house of Machir son of Ammiel." ⁵So King David had him brought from the house of Machir son of Ammiel in Lo-debar.

⁶Mephibosheth son of Jonathan son of Saul came to David, fell facedown, and paid homage. David said, "Mephibosheth!" "I am your servant," he replied. ⁷"Don't be afraid," David said to him, "since I intend to show you kindness for the sake

of your father Jonathan. I will restore to you all your grandfather Saul's fields, and you will always eat meals at my table.”⁸Mephibosheth paid homage and said, “What is your servant that you take an interest in a dead dog like me?”

⁹Then the king summoned Saul's attendant Ziba and said to him, “I have given to your master's grandson all that belonged to Saul and his family. ¹⁰You, your sons, and your servants are to work the ground for him, and you are to bring in the crops so your master's grandson will have food to eat. But Mephibosheth, your master's grandson, is always to eat at my table.” Now Ziba had fifteen sons and twenty servants.

¹¹Ziba said to the king, “Your servant will do all my lord the king commands.” So Mephibosheth ate at David's table just like one of the king's sons. ¹²Mephibosheth had a young son whose name was Mica. All those living in Ziba's house were Mephibosheth's servants. ¹³However, Mephibosheth lived in Jerusalem because he always ate at the king's table. His feet had been injured.

CHAPTER SUMMARY

This chapter invites us to look beyond the surface and see people the way the Father sees them. When David spoke to Mephibosheth, his words brought kindness, restoration, and belonging to someone who had been living in shame. David didn't just offer words to comfort Mephibosheth. His words changed the course of Mephibosheth's life.

This chapter shows that life-giving speech is not about finding the right phrase or sounding spiritual. It is about letting our words reflect the Father's heart. Your words were never meant to be casual or empty. They are tools in the Father's hands to help lift the broken and remind people of their God-given worth. What you say can either leave people where they are or help them step into the relationship with God that he so desires.

The story of David and Mephibosheth is a reminder that speaking life is part of what it means to walk with God. The Father is still looking for people who will use their voice to restore and heal. This chapter invites you to be that kind of person, not just in big moments but in the daily opportunities He gives you to speak life.

REFLECTION

- What part of Mephibosheth's story felt personal to you?
- What part of David's example challenged you?
- What would it look like for your words to create a pathway for healing in someone's life?

DISCUSSION QUESTIONS

Heart Questions

- When have you felt like Mephibosheth, hidden or afraid or ashamed? What helped you take even one step toward hope again?
- What would it look like if you fully believed that God could use your words to heal the broken places in others?

- How have life-giving words from someone else shaped your own healing?

Scripture Reflection

- As you read 2 Samuel 9:7, which of David's promises speaks to you the most? Why?
- What would it look like if you spoke those same promises over someone in your life?
- How does this passage challenge the way you see people who feel forgotten or rejected?

APPLICATION

- Who in your life might feel like they are living in Lo-debar? What would it look like to reach out to them with kindness this week?
- What specific words could you begin speaking at home or at work that would help create an atmosphere of

encouragement?

- Think about a relationship that feels strained or distant. What would it look like if you approached that relationship with the mindset David had toward Mephibosheth?

LIFE CHALLENGE

- What would it look like to speak life this week, knowing that you are fully backed by the Father?
- Who around you might feel invisible right now? What could you say this week to remind them they matter?

ACTIVATION

- This week, choose one person who may feel overlooked or discouraged, and speak life over them. It could be through a simple conversation, a note, or a message. Trust the Father to work through what you say.

Chapter 4 Study Guide

Designed to Commune

Key Passage: Exodus 33:7-11

⁷ Now Moses took a tent and pitched it outside the camp, at a distance from the camp; he called it the tent of meeting. Anyone who wanted to consult the Lord would go to the tent of meeting that was outside the camp. ⁸ Whenever Moses went out to the tent, all the people would stand up, each one at the door of his tent, and they would watch Moses until he entered the tent. ⁹ When Moses entered the tent, the pillar of cloud would come down and remain at the entrance to the tent, and the Lord would speak with Moses. ¹⁰ As all the people saw the pillar of cloud remaining at the entrance to the tent, they would stand up, then bow in worship, each one at the door of his tent. ¹¹ The Lord would speak with Moses face to face, just as a man speaks with his friend. Then Moses would return to the camp, but his assistant, the young man Joshua son of Nun, would not leave the inside of the tent.

CHAPTER SUMMARY

This chapter centers on the fact that you were designed for intimacy with the Father. Communion isn't a reward for performance; it's the starting place of relationship. We dismantle the lie that intimacy is reserved for the super-spiritual and reminds us that abiding is not about striving, but staying.

Through the lens of Exodus 33 and Jesus' teaching in John 15, we are invited to move from visiting God to living with Him. We're shown how real change happens, not through effort, but through presence. The story of Joshua illustrates the kind of transformation that comes from remaining in God's Presence. When we stay, we are shaped, and as we are shaped, our words begin to reflect the Father's heart. Intimacy with God isn't abstract or elusive. It's available to anyone who will come and remain.

REFLECTION

- What stood out to you most in this chapter?

- Was there a moment that stirred your desire for more of the Father's Presence?

DISCUSSION QUESTIONS

Heart Questions

- Have you ever believed that intimacy with God was reserved for others more mature in the Lord than you? How has this chapter helped reshape that belief?
- When you think about abiding, do you tend to relate to God more like a visitor or a resident?
- What's one reason you think it's hard to "stay"?
- Think about a time when you felt God's Presence deeply. What was different about how you lived or spoke afterward?

Scripture Reflection

- Re-read John 15:5. What does Jesus mean when He says, “you can do nothing without me”? How does that truth challenge the way you approach daily life?
- In Exodus 33:11, we see that Joshua chose to remain in the Tent of Meeting. What does his choice reveal about his heart? What does it stir in yours?
- Read Psalm 27:4. Why do you think David said this was the “one thing” he desired? How does that shape your understanding of pursuit?

APPLICATION

- What practical step could you take this week to “stay at the campfire” rather than simply visit the Father during devotional moments?
- Is there a place in your life where striving has replaced abiding? What would it look like to surrender that area and return to

communion with the Father?

- Identify one change in your speech that could come from spending more consistent time in His Presence. What words do you want to be known for?

LIFE CHALLENGE

- Choose one area of your life. It could be your home life, or relationships at work. You want it to be a place where you will intentionally pursue abiding instead of performance. Let that space become an altar of intimacy.
- Don't chase fruit. Stay in the vine. What do you think that looks like?

ACTIVATION

- This week, create a "Tent of Meeting" in your schedule. Whether it's ten minutes or an hour, protect that time and meet with the Father. Ask Him to make you aware of how His Presence has changed you.

Study Guide for Chapter 4

- Journal what begins to shift, not just in what you say, but in how you think or listen. Choose to linger.

Chapter 5 Study Guide

Designed to Speak Life

Key Passages: John 1:40-42; Acts 3:1-10; John 5:19-20

John 1:40-42

⁴⁰ Andrew, Simon Peter's brother, was one of the two who heard John and followed him. ⁴¹ He first found his own brother Simon and told him, "We have found the Messiah" (which is translated "the Christ"), ⁴² and he brought Simon to Jesus. When Jesus saw him, he said, "You are Simon, son of John. You will be called Cephas" (which is translated "Peter").

Acts 3:1-10

¹ Now Peter and John were going up to the temple for the time of prayer at three in the afternoon. ² A man who was lame from birth was being carried there. He was placed each day at the temple gate called Beautiful so that he could beg from those entering the temple. ³ When he

saw Peter and John about to enter the temple, he asked for money. ⁴ Peter, along with John, looked straight at him and said, "Look at us." ⁵ So he turned to them, expecting to get something from them. ⁶ But Peter said, "I don't have silver or gold, but what I do have, I give you: In the name of Jesus Christ of Nazareth, get up and walk!" ⁷ Then, taking him by the right hand he raised him up, and at once his feet and ankles became strong. ⁸ So he jumped up and started to walk, and he entered the temple with them—walking, leaping, and praising God. ⁹ All the people saw him walking and praising God, ¹⁰ and they recognized that he was the one who used to sit and beg at the Beautiful Gate of the temple. So they were filled with awe and astonishment at what had happened to him.

John 5:19-20

¹⁹ Jesus replied, "Truly I tell you, the Son is not able to do anything on his own, but only what he sees the Father doing. For whatever the Father does, the Son likewise does these things. ²⁰ For the Father loves the Son and shows him everything he is doing, and he will show him greater works than these so that you will be amazed."

CHAPTER SUMMARY

You were designed by God to carry His voice and speak life. This isn't a gift reserved for a few. It's part of who you are because you were made in His image. As we trace Peter's journey, we see how God speaks identity long before it was visible. He reaffirms it as we grow and invites us to live from it every day. Jesus looked at Simon and redefined him by calling him Peter. That moment wasn't a kind gesture. It was a commissioning.

This chapter reveals that real authority doesn't come from effort or spiritual performance. It flows from abiding in God's Presence. Peter's words carried weight because he lived in relationship with the Father, not because he tried harder than others. The same is true for you. When you start to believe what the Father says about you, it changes how you speak. His heart begins to shape your words. They realign people with truth and remind them who they are. They release what God intends to build in others. You were never meant to chase fruit. You were meant to speak life as one who abides.

REFLECTION

- What moment or example in this chapter most connects with your own story?
- Take a minute to reflect on what the Father has already spoken over you.
- Are you living from it, or still hesitating to receive it?

DISCUSSION QUESTIONS

Heart Questions

- Have you ever struggled to believe that your words carry weight? What has shaped that belief in you?
- When Jesus spoke over Peter in John 1:42, He declared identity before there was fruit. What do you think He sees in you today, even if you haven't lived it out yet?

- Peter said, “What I do have, I give you.” If you truly believed that you carry life from the Father, how would that change the way you speak today?

Scripture Reflection

- Re-read John 1:42. Why is it significant that Jesus declared Simon’s new identity at the very beginning of their relationship?
- In Acts 3:6, Peter tells the lame man to walk in the name of Jesus. What does this reveal about how you walk in the identity the Father has spoken over you?
- Reflect on John 5:19-20. What does Jesus’ dependence on the Father teach you about how to live with awareness of His Presence?

APPLICATION

- Having read this chapter, what identity do you believe God has spoken over you? What would it look like to begin

living from that identity this week?

- Are there places in your life where you've been silent out of fear, or insecurity? What is one step you can take to begin speaking with boldness again?
- Who around you needs to hear a word that reflects the Father's heart? What would it look like for you to be a conduit of life to them today?

LIFE CHALLENGE

- Resist the pressure to perform. Instead, practice speaking life from the overflow of your relationship with the Father.
- Before any conversation, pause and ask: "Father, what are You saying?" Then speak His heart. Don't try to manufacture results. When your words carry His heart, they carry His authority.

ACTIVATION

- Identify one person you often interact with, whether at home or at work. Spend time with the Father and ask Him how He sees them. Then, when the moment comes, speak life to them. Tell them how the Father sees them. Even if it's just a sentence, let your words reflect His heart. That's what it means to speak life as He designed.

Chapter 6 Study Guide

Authorized to Speak Life

Key Passage: 1 Samuel 16:1-13

¹ The Lord said to Samuel, "How long are you going to mourn for Saul, since I have rejected him as king over Israel? Fill your horn with oil and go. I am sending you to Jesse of Bethlehem because I have selected a king from his sons." ² Samuel asked, "How can I go? Saul will hear about it and kill me!" The Lord answered, "Take a young cow with you and say, 'I have come to sacrifice to the Lord.' ³ Then invite Jesse to the sacrifice, and I will let you know what you are to do. You are to anoint for me the one I indicate to you." ⁴ Samuel did what the Lord directed and went to Bethlehem. When the elders of the town met him, they trembled and asked, "Do you come in peace?" ⁵ "In peace," he replied. "I've come to sacrifice to the Lord. Consecrate yourselves and come with me to the sacrifice." Then he consecrated Jesse and his sons and invited them to the sacrifice.

⁶ When they arrived, Samuel saw Eliab and said, "Certainly the Lord's anointed one is here before him." ⁷ But the Lord said to Samuel, "Do not look at his appearance or his stature because I have rejected him. Humans do not see what the Lord sees, for humans see what is visible, but the Lord sees the heart." ⁸ Jesse called Abinadab and presented him to Samuel. "The Lord hasn't chosen this one either," Samuel said. ⁹ Then Jesse presented Shammah, but Samuel said, "The Lord hasn't chosen this one either." ¹⁰ After Jesse presented seven of his sons to him, Samuel told Jesse, "The Lord hasn't chosen any of these." ¹¹ Samuel asked him, "Are these all the sons you have?" "There is still the youngest," he answered, "but right now he's tending the sheep." Samuel told Jesse, "Send for him. We won't sit down to eat until he gets here."

¹² So Jesse sent for him. He had beautiful eyes and a healthy, handsome appearance. Then the Lord said, "Anoint him, for he is the one." ¹³ So Samuel took the horn of oil, anointed him in the presence of his brothers, and the Spirit of the Lord came powerfully on David from that day forward. Then Samuel set out and went to Ramah.

CHAPTER SUMMARY

Chapter 6 marks a turning point. You're not just called to speak life. You're authorized to do it. This chapter reveals that life-giving words are not based on emotion or personal opinion. They carry weight because they are backed by the authority of the Father.

When Samuel anointed David, it wasn't just symbolic. He had the authority of Heaven behind him. In the same way, when you speak from a place of abiding, your words are not casual. They carry the very Presence of God. Speaking life is not optional for the believer. It is a responsibility entrusted to you by the Father. Whether He is nudging you to grow up, or challenging your fear of failure, this chapter serves as a reminder that the time to speak is now.

REFLECTION

- Was there a part of this chapter that made you pause and see yourself differently?

- Take a moment to ask the Father how He wants you to respond to what He has entrusted to you.

DISCUSSION QUESTIONS

Heart Questions

- Have you ever felt the weight of responsibility behind your words? What changed in you when you began to speak with intention?
- The Father calls us to grow up and take ownership of the voice He's given us. What's one area where you know it's time to step forward instead of holding back?
- Have you ever regretted staying silent when you felt prompted to speak? What held you back in that moment?

Scripture Reflection

- Read 1 Samuel 16:1. Why do you think God interrupted Samuel's grief with this

question? What does that teach you about how the Father moves us forward?

- When Samuel anointed David, he did it with authority. How does that image reshape the way you see your role when you speak life over someone?
- Re-read verses 10-11. Why does it matter that Jesse didn't mention David at first? What does that tell you about how man looks at things and how God looks at things?

APPLICATION

- Is there someone in your life who might be living like David in the field, overlooked or forgotten? What would it look like to speak life over them this week?
- Where in your own life have fear or hesitation silenced your voice? What specific point from this chapter encourages you to speak life?

- What specific words could you speak to someone right now that would affirm their identity or help shift how they see themselves?

LIFE CHALLENGE

- This week, I want to encourage to to start treating your words as an assignment from the Father. Whether it's one sentence or a full conversation, speak with purpose. If He is prompting you to act, don't wait for fear to disappear, just respond to His voice.
- Speak what God has placed in your heart, even if it feels small. You have been entrusted.

ACTIVATION

- Identify one person the Father brings to mind. Spend time in prayer asking what He wants to say to them through you. When the opportunity comes, speak it. Most of all, speak from His heart.

Chapter 7 Study Guide

Speaking Life to Yourself

Key Passage: Matthew 25:14-30

¹⁴“For it is just like a man about to go on a journey. He called his own servants and entrusted his possessions to them. ¹⁵To one he gave five talents, to another two talents, and to another one talent. Then he went on a journey. ¹⁶Immediately the man who had received five talents went, put them to work, and earned five more. ¹⁷In the same way the man with two earned two more. ¹⁸But the man who had received one talent went off, dug a hole in the ground, and hid his master’s money.

¹⁹After a long time the master of those servants came and settled accounts with them. ²⁰The man who had received five talents approached, presented five more talents, and said, ‘Master, you gave me five talents. See, I’ve earned five more talents.’ ²¹His master said to him, ‘Well done, good and faithful servant! You were faithful over a few things; I will put you in charge of many things. Share your master’s joy.’

²²The man with two talents also approached. He said, 'Master, you gave me two talents. See, I've earned two more talents.' ²³His master said to him, 'Well done, good and faithful servant! You were faithful over a few things; I will put you in charge of many things. Share your master's joy.'

²⁴The man who had received one talent also approached and said, 'Master, I know you. You're a harsh man, reaping where you haven't sown and gathering where you haven't scattered seed. ²⁵So I was afraid and went off and hid your talent in the ground. See, you have what is yours.'

²⁶His master replied to him, 'You evil, lazy servant! If you knew that I reap where I haven't sown and gather where I haven't scattered, ²⁷then you should have deposited my money with the bankers, and I would have received my money back with interest when I returned.

²⁸So take the talent from him and give it to the one who has ten talents. ²⁹For to everyone who has, more will be given, and he will have more than enough. But from the one who does not have, even what he has will be taken away from him. ³⁰And throw this good-for-nothing servant into the outer darkness, where there will be weeping and gnashing of teeth.'"

CHAPTER SUMMARY

Chapter 7 reveals a powerful truth. The words you speak don't just affect others. They shape you. We all speak to ourselves more than we speak to anyone else, and those internal conversations either align us with truth or pull us into fear. The parable of the talents shows how internal belief drives outward action. Two servants believed they were capable and stewarded well. One servant feared he would fail and buried what was entrusted to him. That fear was shaped by how he saw himself and his master. In the same way, your self-talk matters.

When your words reflect what the Father has spoken, you develop a God-confidence. When your words are shaped by insecurity or fear, they attract fear and birth it in others. This chapter invites you to be transformed from the inside out by choosing to speak truth over yourself.

REFLECTION

- Think about the words you've been saying to yourself lately.
- Are they helping you live from what God has entrusted to you, or are they causing

you to bury it?

- Speak words of Life to yourself to protect and steward what has been entrusted to you.

DISCUSSION QUESTIONS

Heart Questions

- What part of this chapter resonated most with the way you talk to yourself?
- Have you ever felt like the third servant, hesitant to act because of how you saw yourself?
- When you look at the current season of life you are in, what do your internal words reveal about what you believe God has given you?

Scripture Reflection

- Read Matthew 25:14-18. What stands out to you about how the first two servants responded? How is their

confidence connected to belief?

- Now read verses 24-25. The third servant saw his master as harsh and acted from fear. What does that reveal about how his inner beliefs shaped his choices?
- Jesus ends the parable by affirming faithful stewardship. How does this challenge the way you think about your responsibility to speak life over yourself?

APPLICATION

- What internal narrative do you need to confront this week that has kept you stuck?
- What does God say about that false belief? Who will you believe, the devil or God?
- How would your daily life shift if your internal words consistently aligned with what the Father has spoken?

LIFE CHALLENGE

- This week, ask the Father to show you where your words have been shaped by fear. Write down what He is speaking over you.
- Speak what he says over yourself every day. Watch how your thoughts begin to align with His and let that alignment move you into action.

ACTIVATION

- Choose one specific talent, gift, or area of influence that you've been hesitant to use. Bring it before the Father and ask Him to speak over it. Then begin using your voice to affirm what He has said. Speaking life to yourself isn't self-help. It's agreement with Heaven.

Chapter 8 Study Guide

Partnering with the Father

Key Passage: Nehemiah 2:4-8

⁴ Then the king asked me, "What is your request?" So I prayed to the God of the heavens ⁵ and answered the king, "If it pleases the king and if your servant has found favor with you, send me to Judah and to the city where my ancestors are buried, so that I may rebuild it." ⁶ The king, with the queen seated beside him, asked me, "How long will your journey take, and when will you return?" So I gave him a definite time, and it pleased the king to send me. ⁷ I also said to the king, "If it pleases the king, let me have letters written to the governors of the region west of the Euphrates River, so that they will grant me safe passage until I reach Judah. ⁸ And let me have a letter written to Asaph, keeper of the king's forest, so that he will give me timber to rebuild the gates of the temple's fortress, the city wall, and the home where I will live." The king granted my requests, for the gracious hand of my God was on me.

CHAPTER SUMMARY

This chapter draws a distinction between communion, abiding, and partnership with the Father. Communion invites you into His Presence, abiding anchors you there, and partnership moves you to action. It's not just about resting in God's Presence. It's about walking in rhythm with His heart and responding in real time. Nehemiah is a model of this kind of life. He didn't wait for perfect circumstances. He abided in the Presence of God, and when the moment came to speak, he prayed, then answered with authority and favor. That kind of favor doesn't come from performance. It comes from proximity.

Partnership flows from abiding, and abiding flows from communion. Partnership isn't reserved for pastors or public leaders. It is for anyone who chooses to walk closely with the Father and respond as He leads.

REFLECTION

- Are you walking with the Father or only sitting at His table?

- How might He be inviting you to move from communion into abiding, and then from abiding into partnership?

DISCUSSION QUESTIONS

Heart Questions

- When you think about your relationship with God, do you find it easier to commune with Him or to partner with Him?
- Have you ever felt restless even in your times of prayer or worship? What do you think that restlessness might be addressing?
- What part of this chapter most challenged you, or woke up your understanding of what it means to partner with the Father?

Scripture Reflection

- Re-read Nehemiah 2:4-8. What stands out to you about Nehemiah's pause to

pray before he answered the king? Why is that detail significant?

- Nehemiah acted with clarity and courage, but he didn't force the outcome. What does this teach you about trusting God to open doors when your heart is aligned with His?
- In John 5:19-20, Jesus said He only did what He saw the Father doing. How does this verse show that true authority flows from abiding and not from performance?

APPLICATION

- Where is the Father inviting you to take a step of obedience that feels risky or uncomfortable?
- What does it look like to take a minute to stop and pray, ensuring that your heart is in alignment with His heart, and then speak or act in real time?
- Is there someone in your life this week who needs a word of life? What steps will you take to address that person?

LIFE CHALLENGE

- This week, ask the Father to show you how to partner with Him. It could be a word of encouragement, or perhaps a handwritten note.
- Don't wait until you feel ready. Start from a place of abiding, then move in step with Him, trusting that real partnership is fueled by intimacy.

ACTIVATION

- Choose a practical action that aligns with what God is showing you right now.
- Stop to pray before you take the step, then together follow through.
- Purpose to speak or act from a place of alignment, not performance.
- Remember, true anointing rests on those who abide. When you remain in His Presence, even the smallest words can carry the weight of Heaven.

Chapter 9 Study Guide

Influence with Intent

Key Passage: Acts 16:11-15, 25-34

¹¹ From Troas we put out to sea and sailed straight for Samothrace, the next day to Neapolis, ¹² and from there to Philippi, a Roman colony and a leading city of the district of Macedonia. We stayed in that city for several days. ¹³ On the Sabbath day we went outside the city gate by the river, where we expected to find a place of prayer. We sat down and spoke to the women gathered there. ¹⁴ A God-fearing woman named Lydia, a dealer in purple cloth from the city of Thyatira, was listening. The Lord opened her heart to respond to what Paul was saying. ¹⁵ After she and her household were baptized, she urged us, "If you consider me a believer in the Lord, come and stay at my house." And she persuaded us.

²⁵ About midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them. ²⁶ Suddenly there was such a violent earthquake that the foundations of

the jail were shaken, and immediately all the doors were opened, and everyone's chains came loose. ²⁷ When the jailer woke up and saw the doors of the prison standing open, he drew his sword and was going to kill himself, since he thought the prisoners had escaped. ²⁸ But Paul called out in a loud voice, "Don't harm yourself, because we're all here!" ²⁹ The jailer called for lights, rushed in, and fell down trembling before Paul and Silas. ³⁰ He escorted them out and said, "Sirs, what must I do to be saved?" ³¹ They said, "Believe in the Lord Jesus, and you will be saved—you and your household." ³² And they spoke the word of the Lord to him along with everyone in his house. ³³ He took them the same hour of the night and washed their wounds. Right away he and all his family were baptized. ³⁴ He brought them into his house, set a meal before them, and rejoiced because he had come to believe in God with his entire household.

CHAPTER SUMMARY

This chapter reminds us that the words you carry are not just for your own healing. They were always meant to bring healing to others too. That starts in your home and continues through every relationship and responsibility God has placed in your hands.

You are challenged to stop waiting for the perfect moment and start speaking life into the people around you. That includes your family members, coworkers, Church Body, and those in your community. Just like Paul in Acts 16, when you partner with the Father, your words can transform hearts by restoring identity.

Speaking life is no longer something you are learning about. It is something you now know and are responsible to live. When you speak with intention and love, you shape atmospheres and release the Father's heart wherever you go.

REFLECTION

- Where in your life have you been hesitant to speak life because it felt uncomfortable or risky?
- What would change if you saw those relationships as assignments the Father has entrusted to you?

DISCUSSION QUESTIONS

Heart Questions

- What holds you back from speaking life to the people closest to you?
- Which part of Chapter 9 challenged you the most, speaking life to those in your home, workplace, church, or community? Why?
- Have you ever seen someone's world change because a kind word spoken at just the right time? If so, what did you learn from that experience?

Scripture Reflection

- Read Acts 16:11-15 and Acts 16:25-34. How do Lydia's response, and the jailer's transformation, reveal what the power of words rooted in God's Presence can do?
- Paul decided to stay in the prison during and after the earthquake. What does that reveal about his priorities and heart?

posture?

- How do these stories encourage you to speak life in places that feel ignored or hard to reach?

APPLICATION

- What is one specific way you can speak life into your home this week? Be clear and intentional.
- Where have you seen negativity become normal in your workplace? How can you respond with life-giving words instead?
- Who in your church or community might be waiting for someone to notice them? What is one step you could take to speak value over them?

LIFE CHALLENGE

- Ask the Father to show you one relationship in your life that is ready for restoration through life-giving words. When He reveals it, respond

immediately. Don't wait for the perfect conditions. Speak life without expectation. Trust the Father to bring the growth but be faithful to plant the seed.

ACTIVATION

- Write down the names of three people within your current sphere of influence, one from home, one from work, and one from your church or community.
- Beside each name, write a short life-giving statement that you will speak to them this week. These do not need to be elaborate. They need to be sincere.
- Pray over each name, asking the Father to work through your words and open their hearts to Him.

Chapter 10 Study Guide

Anchoring the Journey

Key Passages: Joshua 1:8; Matthew 28:20;
John 15:4-5

Joshua 1:8

⁸ This book of instruction must not depart from your mouth; you are to meditate on it day and night so that you may carefully observe everything written in it. For then you will prosper and succeed in whatever you do.

Matthew 28:20

²⁰ Teaching them to observe everything I have commanded you. And remember, I am with you always, to the end of the age.

John 15:4-5

⁴ Remain in me and I in you. Just as a branch is unable to produce fruit by itself unless it remains on the vine, neither can you unless you remain in me. ⁵ I am the vine; you are the branches. The

one who remains in me and I in him produces much fruit, because you can do nothing without me.

CHAPTER SUMMARY

This final chapter brings you to a defining moment. Everything you've learned about speaking life now becomes a way of living. You're not standing at the end of a journey. You're standing at the beginning of a legacy. One that will be built by the daily choices you make, especially when no one is watching.

Speaking life doesn't begin on a stage. It begins in the private place, when your heart abides in the Presence of God. That's where your voice is formed. From that place, your words carry weight. They bring restoration and healing. They reflect the heart of the Father in real situations and relationships.

You'll be tempted to think your voice doesn't matter. That your influence is too small or your reach is too limited. But God doesn't measure impact the way we do. When your voice is rooted in His Presence, it carries further than you think and lasts longer than you know. Chapter 10 reminds you that you were never meant to speak life on your own. Your words

were meant to flow from abiding in Him. The invitation is not to try harder, but to remain. As you do, your voice will not just bring life, it will leave a legacy.

REFLECTION

- When you think about the people who shaped your life, was it their position or their presence that left the greater mark?
- What kind of presence do you want your voice to carry? Elaborate with your answer.

DISCUSSION QUESTIONS

Heart Questions

- Where have you underestimated the impact of your voice?
- What part of this final chapter most stirred you to live differently going forward?

- Have you ever received a word that marked you for a lifetime? What made it so powerful?

Scripture Reflection

- Read Joshua 1:8. Why do you think God connected speaking His Word with prospering and succeeding?
- Review Matthew 28:20. How does the promise of His Presence change the way you think about your own words?
- Now read John 15:4-5. What does this passage teach you about the connection between abiding and bearing fruit?

APPLICATION

- What daily rhythms can you implement to make sure your words remain rooted in God's Presence?
- Who is someone in your life who needs to hear a word of affirmation or encouragement from you this week?

What is holding you back?

- What specific situation are you facing right now that needs you to speak life rather than stay silent?

LIFE CHALLENGE

- Choose one relationship, where you've been hesitant to speak.
- Take one intentional step this week to speak life into that relationship. You don't need to feel strong or ready. You need to be responsive to His voice.
- Speak from what the Father is showing you, and trust Him with the outcome.

ACTIVATION

- Write out a short prayer of commitment that reflects your desire to speak life from a place of abiding. Be honest and specific.

Study Guide for Chapter 10

- Write one life-giving statement that you will speak aloud each morning this week. Let it anchor your heart in His heart before your words reach anyone.